



**FAITHFUL GOD,
FAITHFUL PEOPLE:
100 YEARS OF GRACE**

Celebrating our past,
illuminating our future

St. Thomas Aquinas

**ROMAN CATHOLIC PARISH
EST. 1926**

PASTOR: Fr. Patrick Ezimora CCE
ASSOCIATE PASTOR: Fr. Benedict Nwamuo, CCE
DEACON: Rev. Mr. Daniel Gana
RESIDENT PRIEST: Fr. Peter Paul CCE

*"For the Lord is good; His mercy is everlasting."
(Psalm 100:5)*



STA PARISH BACK IN 1926!

March 8, 2026 – Third Sunday of Lent

SUNDAY MASSES

ENGLISH: Saturday 5:00pm
Sunday 9:00am | 12:00m | 6:00pm
ITALIAN: Sunday 10:30am
SPANISH: Sunday 2:00pm

WEEKDAY MASSES

Monday to Saturday 9:00am
First Fridays 7:00pm

EUCCHARISTIC ADORATION

Fridays 9:30am-11:00am.
First Fridays 7:30pm

CONFESSIONS

Saturdays 4:00pm or by appt.

ANOINTING – UNZIONE – UNCTION

First Saturdays of the month at 9:00am.
El primer sábado de cada mes, 9.00am.
Il primo sabato di ogni mese alle 9:00.

BIBLE STUDY SESSION

Fridays, 7:30-8:30pm in the Main Hall.
Refreshments provided. Please enter
through the parking lot side door.

DEVOTIONS

Holy Rosary: 8:30am Mon-Fri before Mass
Our Lady of Perpetual Help: Wednesdays
9:00am Mass

SICK CALLS

Please call the office for visits or
Communion visitations to the sick.

BAPTISM - BATTESIMO - BAUTIZOS

Call the office, **Three months** in advance/ Si
prega di chiamare l'ufficio con **tre mesi** di
anticipo. Con **tres meses** de anticipación.

WEDDING – BODAS – MATRIMONIO

Contact the office **one year in advance.**
Contatta l'ufficio con un anno di anticipo.
Contáctenos con **un año de anticipación.**

SACRAMENTAL PREPARATION

For Initiation, Baptism, First Communion
and Confirmation, please the Parish Office

Anniversary Prayer

Heavenly Father, We come before you with grateful hearts, Celebrating one hundred years of blessings, of faith lived and shared, of our community built in Your love. Bless our parish, Lord and all those who ministered and served in the past hundred years. Unite us in love, guide us in service and strengthen our faith. May this anniversary not only honor the past, but renew our zeal and commitment to live faithfully in the present and the years ahead. We pray that our centenary may be a true Celebration of Your goodness, A witness to Your Grace and a beacon of hope for generations to come. Amen
Saint Thomas Aquinas.....Pray for us



SCHOOLS

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20 Bansley Ave. Toronto | 416-393-5318

Funerals

Bernardo Funeral Home
416-789-7661
Vescio Funeral Home
416-656-3332

CHURCH HOURS

The church is open **Monday to Friday** 8:00 am -12:00pm
Saturdays 8:00am-6:00pm / **Sundays** 8:00am -7:00pm

FOOD BANK

Tuesdays 12:00m



Follow the latest
Parish updates: stparishto

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stthomasaquinasto@archtoronto.org | www.stthomasaquinas.archtoronto.org

THIS WEEK IN ST. THOMAS AQUINAS PARISH

From The Pastor's Desk

Dear parishioners of STA Parish,
Jesus says to the Samaritan woman: "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink', you would have asked him, and he would have given you living water" (John 4.10). The Holy Spirit is the Father's best Gift and Jesus Christ obtains It for us. In your prayer, what do you ask of the Lord? Amen.

Fellowship Sunday - Second Sunday of the Month

Join us for "My Neighbour Next Bench". from 10:00 a.m. – 4:00 p.m. in the Main Hall. Come and enjoy coffee, conversation, and community as we take time to connect with our parish family. Everyone is welcome!

ShareLife – First Collection for 2026

The first **ShareLife** collection of 2026 will take place on **Sunday, March 22**. Please consider bringing your ShareLife envelope and supporting this important diocesan initiative that assists those in need throughout our community. Thank you for your generosity and continued support.

Youth Passion Play

You are warmly invited to join us on **Saturday, March 28 at 6:30 p.m.** in the Church for our **Youth Passion Play**. Come and support our youth who are working so hard and wholeheartedly preparing to bring this beautiful presentation to life for our parish community and for the glory of God. Their dedication and faith are truly inspiring. A reception will follow in the **Main Hall** — all are welcome to stay for fellowship and light refreshments. We look forward to sharing this special evening with you.

Bible Study – Friday March 13 – 7:30 to 8:30pm

Session 7: Desert Wanderings. Matthew 4:1–4 | Deuteronomy 8.
Theme: Bread of Life. Jesus rebuffs Satan using Moses' words from Deuteronomy 8:3: "*One does not live by bread alone...*". Join us as we explore the parallels between Israel's desert journey and Jesus' time in the wilderness — and what these "desert moments" teach us about trusting God. All are welcome!

Lent Friday Devotions

During the season of Lent, we invite you to pause, pray, and walk with Christ each Friday evening. We begin with the **Holy Rosary at 6:00 pm**, followed by the **Stations of the Cross at 6:30 pm**, and then **Bible study from 7:30 to 8:30pm**. All are welcome to join us!

Seder Meal – A Holy Week Experience

Saturday, March 21 at 6:30 PM – Main Hall. Join us for a special Seder Meal as we reflect on the Last Supper and its connection to the Eucharist. **Menu:** Lamb, rice, vegetables, and pop. **Cost:** \$40 per person. Tickets are available after each Mass and at the parish office.

Youth Soccer Match – Registration

The 2026 FIFA World Cup will be in Canada, the U.S., and Mexico. While most of us can't attend, children and grandchildren can join the **STA Parish Youth Cup** at the parish soccer field. Parents, please register your kids soon so the Soccer Committee can plan the event.

Scan the QR code to register.



MASS INTENTIONS – Mar 7th to March 13th 2026

SATURDAY, Mar 7th – Saturday Second week of Lent

9:00am: Thanksgiving from Legion of Mary

5:00pm: +*Timothy Ian Francis Alvarez/ +Candelaria Asuncion/ +Marieta Malabor/ +Brita Quisumbing/* Birthday blessings for Jessie Assuncion, Melchor Reyes Porras & Edenia de la Veña

SUNDAY, Mar 8th – Third Sunday of Lent

9:00am: Thanksgiving from Joel Liwanag & Romulo Martinez

10:30am: +*Giovanni Zannella/ +Fiorino & Concettina & Difunti Gambardella Family/ +Rosa Esposito Recio/*

12:00pm: *Intentions of Sherlita Gimena*

2:00pm: +*Alberto Aldana Zapata/ +Nelly & Carlos Alberto Correa/ +Edilma Zapata/ +Ana Orsini/ +Claudio & Rina Larosa/ Souls in Purgatory/* Bendiciones a Giselle Monge & Marcos Gomez en sus cumpleaños/

6:00pm: Thanksgiving from Joel Liwanag & Romulo Martinez

MONDAY, Mar 9th – Monday of the Third Week of Lent

9:00am: +*Peter Andersen & Vincent Tuong/*

TUESDAY, Mar 10th – Tuesday of the Third Week of Lent

9:00am: +*Flor de Gonzalez/ +Jaime Lara Olarte/ +Vincent Nguyen & Maria Dihn/* Birthday blessings for Fr. Jorge Aviles/

WEDNESDAY, Mar 11th – Wednesday of the Third Week of -

Lent 9:00am: +*Dolores & +Alberto Rivero/ +Joe Carreiro Cabral/ +Vincent Nguyen & Maria Dihn/*

THURSDAY, Mar 12th – Thursday of the Third Week of Lent

9:00am: For the Souls in Purgatory/ Healing of the families

FRIDAY, Mar 13th - Friday of the Third Week of Lent

9:00am: +*Corazon Mercado Salvador/ +Mafalda Fernandez/ +Carmela Gomez/ +Ada & +Alfonso Mendicino/* Birthday blessings for Andrew Liwanag & Florecita Gonzalez

"Three things are necessary for the salvation of man: to know what he ought to believe, to know what he ought to desire, and to know what he ought to do." Saint Thomas Aquinas

Thank you for your Generosity!
Mar 1,2026
Regular Collection: \$
To be published in next week's bulletin.

ITALIAN & SPANISH COMMUNITIES

Dalla Scrivania del Pastore

Cari parrocchiani della Parrocchia STA, Gesù dice alla donna samaritana: «Se tu conoscessi il dono di Dio e chi è colui che ti dice: “Dammi da bere”, tu gli avresti chiesto, ed egli ti avrebbe dato acqua viva» (Giovanni 4,10). Lo Spirito Santo è il dono più grande del Padre e Gesù Cristo lo ottiene per noi. Nella tua preghiera, cosa chiedi al Signore? Amen.

Domenica della fratellanza - Seconda domenica del mese

Unitevi a noi per “Il mio vicino di banco” dalle 10:00 alle 16:00 nella sala principale. Venite a godervi un caffè, una chiacchierata e la compagnia mentre ci prendiamo del tempo per stare insieme alla nostra famiglia parrocchiale. Tutti sono i benvenuti!

ShareLife – Prima raccolta fondi del 2026

La prima raccolta fondi ShareLife del 2026 avrà luogo domenica 22 marzo. Vi preghiamo di portare con voi la vostra busta ShareLife e di sostenere questa importante iniziativa diocesana che aiuta i bisognosi della nostra comunità. Grazie per la vostra generosità e il vostro sostegno.

Passione giovanile

Siete tutti invitati sabato 28 marzo alle 18:30 alla nostra Passione giovanile. Venite a sostenere i nostri giovani, che stanno lavorando con tutto il cuore per preparare questa bellissima rappresentazione per la nostra comunità. La loro dedizione e fede sono davvero fonte di ispirazione. Seguirà un rinfresco nella sala principale; siete tutti invitati a rimanere per godervi la compagnia e un piccolo spuntino.

Studio della Bibbia – Venerdì 13 marzo – dalle 7:30 alle 8:30pm

Sessione 7: Il vagabondaggio nel deserto. Matteo 4:1-4 | Deuteronomio 8. **Tema: Il pane della vita.** Gesù respinge Satana usando le parole di Mosè in Deuteronomio 8:3: «L'uomo non vive di solo pane...». Unitevi a noi per esplorare i parallelismi tra il viaggio di Israele nel deserto e il periodo trascorso da Gesù nel deserto, e ciò che questi «momenti nel deserto» ci insegnano sulla fiducia in Dio.

Devozioni del venerdì di Quaresima

Durante il periodo quaresimale, vi invitiamo a fermarvi, pregare e camminare con Cristo ogni venerdì sera. Iniziamo con il Santo Rosario alle 6:00pm, seguito dalla Via Crucis alle 6:30pm e poi dallo studio della Bibbia dalle 7:30pm alle 8:30pm. Tutti sono invitati a unirsi a noi!

Cena pasquale – Un'esperienza della Settimana Santa

Sabato 21 marzo alle 6:30pm – Sala principale. Unitevi a noi per una speciale cena pasquale mentre riflettiamo sull'Ultima Cena e sul suo legame con l'Eucaristia. **Menu:** Agnello, riso, verdure e bibite. **Costo:** 40 dollari a persona. I biglietti sono disponibili dopo ogni Messa e presso l'ufficio parrocchiale.

Youth Soccer Match – Registration

La Coppa del Mondo FIFA 2026 si terrà in Canada, Stati Uniti e Messico. Anche se la maggior parte di noi non potrà partecipare, i figli e i nipoti potranno partecipare alla STA Parish Youth Cup presso il campo da calcio della parrocchia. Genitori, iscrivetevi presto i vostri figli in modo che il Comitato Calcio possa organizzare l'evento. Scansionate il codice QR per iscrivervi.



Desde el Escritorio del Párroco

Estimados feligreses de la parroquia STA, Jesús le dice a la mujer samaritana: «Si conocieras el don de Dios, y quién es el que te dice: “Dame de beber”, tú le habrías pedido, y él te habría dado agua viva» (Juan 4.10). El Espíritu Santo es el mejor regalo del Padre y Jesucristo lo obtiene para nosotros. En tu oración, ¿qué le pides al Señor? Amén.

Domingo de compañerismo: segundo domingo del mes.

Acompáñenos en «Mi vecino de al lado» de 10:00am a 4:00pm. en el salón principal. Venga y disfrute de café, conversación y comunidad mientras nos tomamos un tiempo para conectarnos con nuestra familia parroquial. ¡Todos son bienvenidos!

ShareLife – Primera colecta de 2026

La primera colecta ShareLife de 2026 tendrá lugar el domingo 22 de marzo. Por favor, considere traer su sobre ShareLife y apoyar esta importante iniciativa diocesana que ayuda a los necesitados de nuestra comunidad. Gracias por su generosidad y apoyo.

Pasión Juvenil

Todos invitados el sábado 28 de marzo a las 6:30pm, a la nuestra Pasión Juvenil. Vengan y apoyen a nuestros jóvenes, que están trabajando con todo su corazón para preparar esta hermosa presentación para nuestra comunidad. Su dedicación y fe son verdaderamente inspiradoras. A continuación habrá una recepción en el salón principal; todos están invitados a quedarse para disfrutar de la compañía y un refrigerio ligero.

Estudio bíblico – Viernes 13 de marzo – 7:30 a 8:30 p. m.

Sesión 7: Mateo 4:1-4 & Deuteronomio 8. Tema: El pan de vida. Jesús rechaza a Satanás utilizando las palabras de Moisés «No solo de pan vive el hombre...». Ven a explorar los paralelismos entre el viaje de Israel por el desierto y el tiempo que Jesús pasó en el desierto, y lo que estos «momentos en el desierto» nos enseñan sobre la confianza en Dios.

Devociones de los viernes de Cuaresma

Durante la temporada de Cuaresma, les invitamos a hacer una pausa, rezar y caminar con Cristo cada viernes por la tarde. Comenzamos con el Santo Rosario a las 6:00 p. m., seguido del Vía Crucis a las 6:30pm y luego el estudio de la Biblia de 7:30 a 8:30pm. ¡Todos son bienvenidos!

Cena del Séder: una experiencia de Semana Santa

Sábado, 21 de marzo, a las 6:30pm. Acompáñenos en una cena especial del Séder para reflexionar sobre la Última Cena y su conexión con la Eucaristía. **Menú:** cordero, arroz, verduras y bebida. **Precio:** 40\$ por persona. Las entradas están a la venta después de cada misa y en la oficina.

Partido de fútbol juvenil – Inscripción

La Copa Mundial de la FIFA 2026 se celebrará en Canadá, Estados Unidos y México. Aunque la mayoría de nosotros no podremos asistir, los hijos y nietos pueden participar en la Copa Juvenil de la Parroquia STA. Padres, inscriban a sus hijos pronto para que el Comité de Fútbol pueda planificar el evento. Escanee el código QR.



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