



**FAITHFUL GOD,
FAITHFUL PEOPLE:
100 YEARS OF GRACE**
Celebrating our past,
illuminating our future

St. Thomas Aquinas

**ROMAN CATHOLIC PARISH
EST. 1926**

PASTOR: Fr. Patrick Ezimora CCE
ASSOCIATE PASTOR: Fr. Benedict Nwamuo, CCE
DEACON: Rev. Mr. Daniel Gana
RESIDENT PRIEST: Fr. Peter Paul CCE

*"For the Lord is good; His mercy is everlasting."
(Psalm 100:5)*



STA PARISH BACK IN 1926!

March 1, 2026 – Second Sunday of Lent

SUNDAY MASSES

ENGLISH: Saturday 5:00pm
Sunday 9:00am | 12:00m | 6:00pm
ITALIAN: Sunday 10:30am
SPANISH: Sunday 2:00pm

WEEKDAY MASSES

Monday to Saturday 9:00am
First Fridays 7:00pm

EUCCHARISTIC ADORATION

Fridays 9:30am-11:00am.
First Fridays 7:30pm

CONFESSIONS

Saturdays 4:00pm or by appt.

ANOINTING – UNZIONE – UNCTION

First Saturdays of the month at 9:00am.
El primer sábado de cada mes, 9.00am.
Il primo sabato di ogni mese alle 9:00.

BIBLE STUDY SESSION

Fridays, 7:30-8:30pm in the Main Hall.
Refreshments provided. Please enter
through the parking lot side door.

DEVOTIONS

Holy Rosary: 8:30am Mon-Fri before Mass
Our Lady of Perpetual Help: Wednesdays
9:00am Mass

SICK CALLS

Please call the office for visits or
Communion visitations to the sick.

BAPTISM - BATTESIMO - BAUTIZOS

Call the office, **Three months** in advance/ Si
prega di chiamare l'ufficio con **tre mesi** di
anticipo. Con **tres meses** de anticipación.

WEDDING – BODAS – MATRIMONIO

Contact the office **one year in advance.**
Contatta l'ufficio con un anno di anticipo.
Contáctenos con **un año de anticipación.**

SACRAMENTAL PREPARATION

For Initiation, Baptism, First Communion
and Confirmation, please the Parish Office

Anniversary Prayer

Heavenly Father, We come before you with grateful hearts, Celebrating one hundred years of blessings, of faith lived and shared, of our community built in Your love. Bless our parish, Lord and all those who ministered and served in the past hundred years. Unite us in love, guide us in service and strengthen our faith. May this anniversary not only honor the past, but renew our zeal and commitment to live faithfully in the present and the years ahead. We pray that our centenary may be a true Celebration of Your goodness, A witness to Your Grace and a beacon of hope for generations to come. Amen
Saint Thomas Aquinas.....Pray for us



SCHOOLS

St. Thomas Aquinas Catholic School
636 Glenholme Ave. Toronto | 416 393-5236
D'Arcy McGee Catholic School
20 Bansley Ave. Toronto | 416-393-5318

Funerals

Bernardo Funeral Home
416-789-7661
Vescio Funeral Home
416-656-3332

CHURCH HOURS

The church is open **Monday to Friday** 8:00 am -12:00pm
Saturdays 8:00am-6:00pm / **Sundays** 8:00am -7:00pm

FOOD BANK

Tuesdays 12:00m



Follow the latest
Parish updates: stparishto

640 Glenholme Avenue. Toronto, ON M6E 3G9 | Ph#: 416-782-8943 | Fax:416-781-8444
stthomasaquinasto@archtoronto.org | www.stthomasaquinas.archtoronto.org

THIS WEEK IN ST. THOMAS AQUINAS PARISH

From The Pastor's Desk

Dear brothers and sisters in Christ,

The Gospel reading (Matthew 17.1-9) narrates the story of how Jesus was transfigured while in prayer on a high mountain, an extraordinary event witnessed by three of His disciples. May you too experience a vision of God's glory during this holy season of Lent. Amen.

First Sundays – Faith-Extra Sunday

Join us on the First Sunday of each month for **Faith Extra Sunday**. After Holy Communion, we will have five minutes of *fides quaerens intellectum* — “faith seeking understanding” — a brief reflection to deepen our understanding of the faith and nourish both mind and heart. All are welcome.

Fellowship Sunday - March 8, 10:00am to 4:00pm.

If you would like to sponsor food or drink or help set up, please reach out to our parish office at 416-782-8943.

Parish Pilgrimage Information Sunday!

A representative of the International Heritage Tours will be speaking to us on Sunday, March 8 toward the end of the 9am and 12pm Masses about our scheduled pilgrimage to Our Lady of Lourdes (France), Fatima (Portugal) and Santiago de Compostela (Spain). You are welcome to join us to create a wonderful Memory for our 100th anniversary year.

Bible Study – Friday March 6 – 7:30 to 8:30pm

Session 6 – **Egypt and Exodus – Part 2. Readings:** Luke 12:16–31 & Exodus 19–20, 24, 32, 40. **Theme: Rules to Live By.** The Israelites often struggled with anxiety, worrying about their needs and safety. After years of slavery, they looked first to human solutions. Yet God called them to trust Him and put Him first. In this session, we will reflect on how this call to prioritize God is fulfilled and preserved in the New Covenant. All are welcome to join us.

Lent Friday Devotions

During the season of Lent, we invite you to pause, pray, and walk with Christ each Friday evening. We begin with the **Holy Rosary at 6:00 pm**, followed by the **Stations of the Cross at 6:30 pm**, and then **Bible study from 7:30 to 8:30pm**. All are welcome to join us!

Seder Meal – A Holy Week Experience

Saturday, March 21 at 6:30 PM – Main Hall. Join us for a special Seder Meal as we reflect on the Last Supper and its connection to the Eucharist. **Menu:** Lamb, rice, vegetables, and pop. **Cost:** \$40 per person. Tickets are available after each Mass and at the parish office.

Youth Soccer Match – Registration

As you know, **2026 FIFA World Cup** will be hosted by **Canada, United States, and Mexico**. While most of us may not attend a match, our children and grandchildren can take part in our own STA Parish Youth Cup at the parish soccer field. Parents are kindly asked to register their children as soon as possible, as the Soccer Committee needs final numbers to organize the event. Thank you. To register, please scan the QRCode.



MASS INTENTIONS – Feb 28th to March 6th 2026

SATURDAY, Feb 28th – Saturday First week of Lent

9:00am: +Julia Tejada Choto/ +Maria Fragola/ Birthday blessings for Sofia Eunice Tejada

5:00pm: +Giuseppe Sparaco/ +Jericho Antonio Lauron/ +Roberto, Candelaria & Bernardino Asuncion/ +Benjamin Lacsin & Julio Lacsin Jr./ Tomothy Ian & Francis Alvarez/ Birthday blessings for Alfred Asuncion

SUNDAY, Mar 1st – Second Sunday of Lent

9:00am: +Domingo & Vilma Lopez/ +Ceriaca Lamanilao/ +Lormez Ayupan/ Healing of Elena Nastase/ Birthday blessings for Josephine Martinez

10:30: +Maria Antonieta Buongiorno/

12:00pm: Birthday blessings for Josephine Martinez

2:00pm: +Roberto Ramirez, +German Rios/ +Ana Orsini/ +Claudio & Rina Larosa/ Souls in Purgatory/

6:00pm: +Giuseppe Sparaco/ Birthday blessings for Josephine Martinez

MONDAY, Mar 2nd – Monday of the Second Week of Lent

9:00am: +Therese Rashette/ +Norah Shanque. Birthday blessings for Mauro Dalsas

TUESDAY, Mar 3rd – Tuesday of the Second Week of Lent

9:00am: +Lilia Palomo/ +Leticia, +Miguel & +Adalberto Gomez. Birthday blessings for Ariana Gomez

WEDNESDAY, Mar 4th – Wednesday of the Second Week of - St. Casimir

Lent 9:00am:

THURSDAY, Mar 5th – Thursday of the Second Week of Lent

9:00am: +Stanislawa, Zofia, & +Stanislaus Misko

FRIDAY, Mar 6th - Friday of the Second Week of Lent

9:00am: +Ken Dowie, Birthday blessings for Colette Vanderlinden

Thank you for your Generosity!

Feb 22, 2026

Regular Collection: **\$4,942.50**

Ash Wednesday: **\$1,558.00**

Youth Ministry: **\$1,608.00**

“Do not lose courage in considering your own imperfections, but instantly set about remedying them.” St. Francis de Sales.

ITALIAN & SPANISH COMMUNITIES

Dalla Scrivania del Pastore

Cari fratelli e sorelle in Cristo,
Il Vangelo (Matteo 17,1-9) narra la storia della trasfigurazione di Gesù mentre pregava su un alto monte, un evento straordinario a cui assisteremo tre dei suoi discepoli. Possa anche voi sperimentare una visione della gloria di Dio durante questo santo periodo di Quaresima. Amen.

Prime domeniche – Domenica della fe extra

Unitevi a noi la prima Domenica. di ogni Mese per la Domenica della fede extra. Dopo la Santa Comunione, avremo cinque minuti di fides quaerens intellectum, "la fede che cerca la comprensione", una breve riflessione per approfondire la nostra comprensione della fede e nutrire sia la mente che il cuore. Tutti sono i benvenuti.

Domenica della fratellanza - 8 marzo, dalle 10:00am alle 4:00pm.

Se desiderate offrire cibo o bevande o aiutare nell'allestimento, contattate l'ufficio parrocchiale all'indirizzo 416-782-8943.

Informazioni sul pellegrinaggio parrocchiale di domenica!

Un rappresentante dell'International Heritage Tours ci parlerà domenica 8 marzo, al termine delle messe delle 9:00 e delle 12:00, del nostro pellegrinaggio in programma a Nostra Signora di Lourdes (Francia), Fatima (Portogallo) e Santiago de Compostela (Spagna). Siete invitati a unirvi a noi per creare un meraviglioso ricordo del nostro centesimo anniversario.

Studio della Bibbia – Venerdì 6 marzo – dalle 7:30 alle 8:30pm

Sessione 6 – Egitto ed Esodo – Parte 2. Letture: Luca 12:16–31 ed Esodo 19–20, 24, 32, 40. **Tema: Regole da seguire.** Gli Israeliti erano spesso tormentati dall'ansia, preoccupati per i propri bisogni e la propria sicurezza. Dopo anni di schiavitù, cercavano innanzitutto soluzioni umane. Tuttavia, Dio li chiamò ad avere fiducia in Lui e a metterLo al primo posto. In questa sessione rifletteremo su come questa chiamata a dare priorità a Dio sia stata realizzata e preservata nella Nuova Alleanza. Tutti sono invitati a partecipare.

Devozioni del venerdì di Quaresima

Durante il periodo quaresimale, vi invitiamo a fermarvi, pregare e camminare con Cristo ogni venerdì sera. Iniziamo con il Santo Rosario alle 6:00pm, seguito dalla Via Crucis alle 6:30pm e poi dallo studio della Bibbia dalle 7:30pm alle 8:30pm. Tutti sono invitati a unirsi a noi!

Cena pasquale – Un'esperienza della Settimana Santa

Sabato 21 marzo alle 6:30pm – Sala principale. Unitevi a noi per una speciale cena pasquale mentre riflettiamo sull'Ultima Cena e sul suo legame con l'Eucaristia. **Menu:** Agnello, riso, verdure e bibite. **Costo:** 40 dollari a persona. I biglietti sono disponibili dopo ogni Messa e presso l'ufficio parrocchiale.

Youth Soccer Match – Registration

Come sapete, la Coppa del Mondo FIFA 2026 sarà ospitata da Canada, Stati Uniti e Messico. Anche se la maggior parte di noi non potrà assistere alle partite, i nostri figli e nipoti potranno partecipare alla nostra STA Parish Youth Cup presso il campo da calcio della parrocchia. Si pregano i genitori di iscrivere i propri figli il prima possibile, poiché il Comitato Calcio ha bisogno di conoscere il numero definitivo dei partecipanti per organizzare l'evento. Grazie. Per iscriversi, si prega di scansionare il codice QR.



Desde el Escritorio del Párroco

Queridos hermanos y hermanas en Cristo:
La lectura del Evangelio (Mateo 17, 1-9) narra la historia de cómo Jesús se transfiguró mientras oraba en una alta montaña, un acontecimiento extraordinario presenciado por tres de sus discípulos. Que ustedes también experimenten una visión de la gloria de Dios durante este santo tiempo de Cuaresma. Amén.

Primeros domingos: Domingo de Extra Fe

Acompáñenos el primer domingo de cada mes. Después de la Santa Comunión, tendremos cinco minutos de fides quaerens intellectum, «la fe que busca la comprensión», una breve reflexión para profundizar nuestra comprensión de la fe y nutrir tanto la mente como el corazón. Todos son bienvenidos.

Domingo de Compartir: 8 de marzo, de 10:00am a 4:00pm

Si desea patrocinar comida o bebida, o ayudar con los preparativos, comuníquese con nuestra oficina parroquia.

¡Información sobre peregrinaciones parroquiales!

Un representante de International Heritage Tours nos hablará el domingo 8 de marzo, al final de las misas de las 9:00am y las 12:00 pm, sobre nuestra peregrinación programada a Nuestra Señora de Lourdes (Francia), Fátima (Portugal) y Santiago de Compostela (España). Le invitamos a unirse a nosotros para crear un recuerdo maravilloso de nuestro centenario.

Estudio bíblico – Viernes 6 de marzo – 7:30 a 8:30 p. m.

Sesión 6: Egipto y el Éxodo, parte 2. Lecturas: Lucas 12:16-31 y Éxodo 19-20, 24, 32, 40. **Tema: Reglas para vivir.** Los israelitas solían estar preocupados por sus necesidades y su seguridad. Tras años de esclavitud, buscaban ante todo soluciones humanas. Sin embargo, Dios los llamó a confiar en Él y a ponerlo en primer lugar.

Devociones de los viernes de Cuaresma

Durante la temporada de Cuaresma, les invitamos a hacer una pausa, rezar y caminar con Cristo cada viernes por la tarde. Comenzamos con el Santo Rosario a las 6:00 p. m., seguido del Vía Crucis a las 6:30pm y luego el estudio de la Biblia de 7:30 a 8:30pm. ¡Todos son bienvenidos!

Cena del Séder: una experiencia de Semana Santa

Sábado, 21 de marzo, a las 6:30pm. Acompáñenos en una cena especial del Séder para reflexionar sobre la Última Cena y su conexión con la Eucaristía. **Menú:** cordero, arroz, verduras y bebida. **Precio:** 40\$ por persona. Las entradas están a la venta después de cada misa y en la oficina.

Partido de fútbol juvenil – Inscripción

Como saben, la Copa Mundial de la FIFA 2026 será organizada por Canadá, Estados Unidos y México. Aunque la mayoría de nosotros no podremos asistir a ningún partido, nuestros hijos y nietos podrán participar en nuestra propia Copa Juvenil de la Parroquia STA en el campo de fútbol de la parroquia. Se ruega a los padres que inscriban a sus hijos lo antes posible, ya que el Comité de Fútbol necesita saber el número definitivo de participantes para organizar el evento. Para inscribirse, escanee el código QR.



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