

St. Thomas Aquinas

ROMAN CATHOLIC PARISH



March 23, 2025 | Third Sunday in Lent

SUNDAY MASSES

ENGLISH:

Saturday 5:00 pm

Sunday

9:00am | 12:00 pm | 6:00 pm

ITALIAN: Sunday 10:30 am

ESPAÑOL: Sunday 2:00 pm

WEEKDAY MASSES

Monday to Saturday 9:00am

First Fridays 7:00 pm

EUCARISTIC ADORATION

Fridays 9:30am –10:00am

First Fridays 7:30pm

CONFESSIONS

Saturdays 4:00pm or by appt

LENTE CONFESION

Fridays until April 4th

9:30am to 10:00am

6:00pm to 6:30pm

LENT 2025

Fridays until April 4th

Holy Rosary- 6:45pm—7:10pm

Station of the Cross—7:15pm

Bible Study—8:00pm to 9:00pm

ANOINTING - UNCIÓN

Every first Saturday of the month at 9:00am.

El primer sábado de cada mes a las 9.00am.

DEVOTIONS

Holy Rosary:

8:30am Mon-Fri before Mass

Our Lady of Perpetual Help:

Wednesdays 9:00am Mass

SICK CALLS

Please call the office for visits or Communion visitations to the sick.

BAPTISMS—BAUTIZOS

Please call the office, **Three months** in advance.

Llamar a la oficina con **tres meses** de anticipación.



Welcome to St. Thomas Aquinas Parish, where unity embraces diversity in the one and same Catholic faith. Together, we are the salt of the earth and the light of the world. Come, worship with us today!

PASTOR Fr. Patrick Ezimora CCE

ASSOCIATE PASTOR: Fr. Benedict Nwamuo, CCE

RESIDENT PRIEST: Fr. Peter Paul CCE

CATHOLIC SCHOOLS

St. Thomas Aquinas Catholic School

636 Glenholme Ave. Toronto | 416 393-5236

D'Arcy McGee Catholic School

20 Bansley Ave. Toronto | 416-393-5318

CATHOLIC FUNERAL HOMES

Bernardo Funeral Home | 416-789-7661

Vescio Funeral Home | 416-656-3332

CATECHISM & RCIA

For the Sacraments of Initiation (Baptism, First Communion/Confirmation), please contact the office and press **ext. 0**

CHURCH HOURS:

The church is open

Mondays to Fridays

8:00 am -12:00pm

Saturdays

8:00am - 6:00pm

Sundays

8:00am -7:00pm

FOOD BANK

Tue. & Sat. 12:00pm

OFFICE HOURS

Monday to Friday

9:30 am - 12:00pm

12:30 pm - 4:00 pm

WEDDINGS—BODAS

Please contact the office **one year** in advance.

LLamar a la oficina con **un año** de anticipación.



Follow the latest parish updates: [@staparishto](https://www.facebook.com/stthomasparish)

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THIS WEEK AT ST. THOMAS AQUINAS

From the Pastor's Desk

Dear parishioners of STA Parish,

The readings of this third Sunday of Lent are *Exodus 3.1-8a, 13-15* (1st R), *Psalms 103, 1 Corinthians 10.1-6, 10-12* (2nd R) and *Luke 13. 1-9* (Gospel). Make sure to read and pray along! Have you ever wondered why the major religions in the world, especially the Abrahamic, all have during the year a period of fasting and prayer? Compare it to re-booting or restarting a computer. In spiritual terms, God the Father repeatedly invites us during this holy season to return to him with our whole heart. Here is why: Without the Father's Heart in ours, all our labors will produce little or no fruit. This week and for the rest of Lent, may our hearts be open to God's transforming love. Enjoy a spiritually healthy week. Amen.

Del escritorio del Pastor

Queridos feligreses de la Parroquia STA,

Las lecturas de este tercer domingo de Cuaresma son *Éxodo 3.1-8a, 13-15* (1^a R), *Salmo 103, 1 Corintios 10.1-6, 10-12* (2^a R) y *Lucas 13. 1-9* (Evangelio). No dejes de leer y rezar. ¿Te has preguntado alguna vez por qué las principales religiones del mundo, especialmente la abrahámica, tienen todas durante el año un período de ayuno y oración? Compáralo con el reinicio de un ordenador. En términos espirituales, Dios Padre nos invita repetidamente durante este tiempo santo a volver a Él con todo nuestro corazón. He aquí por qué: Sin el Corazón del Padre en el nuestro, todos nuestros trabajos producirán poco o ningún fruto. Esta semana y durante el resto de la Cuaresma, que nuestros corazones estén abiertos al amor transformador de Dios. Disfrutad de una semana espiritualmente saludable. Amén.

Solemn Mass of the Annunciation of our Lord!

On Tuesday, March 25 at 7:00pm there will be a solemn evening Mass (with incense) followed by consecration to the Blessed Virgin Mary. You are most welcome to join us.

¡Misa solemne de la Anunciación del Señor!

El martes 25 de marzo a las 7:00pm horas se celebrará una solemne misa vespertina (con incienso) seguida de la consagración a la Santísima Virgen María. Le invitamos a participar.

Children's Choir Performance & Sign-Up!

Children and youth up 18 years are warmly invited to a night of fun piano playing and singing on Monday, March 24 at 7pm in the main hall. Parents can register their children. Refreshments will be provided for everyone. Save the date!

Actuación del Coro de Niños & ¡Inscríbete!

Los niños y jóvenes hasta 18 años están cordialmente invitados a una noche de diversión tocando el piano y cantando el lunes, 24 de marzo a las 7pm en el salón principal. Los padres pueden inscribir a sus hijos. Habrá refrescos para todos. ¡Guardar la fecha!

Votive Candles Offering!

To cover increasing costs of Mass supplies, our parish will be moving the votive candles' suggested donations from \$1 to \$2 and from \$3 to \$4. Thank you for your generous offering! May the good Lord answer your prayers!

¡Ofrenda de Velas Votivas!

Para cubrir los costos crecientes de los suministros para la Misa, nuestra parroquia cambiará las donaciones sugeridas para las velas votivas de \$1 a \$2 y de \$3 a \$4. ¡Gracias por su generosa ofrenda! ¡Que el buen Dios responda a sus oraciones!

Thank you for your generosity!

March 16, 2025

Regular Collection \$ 5,188.00

Muchas gracias por su generosidad!

16 de marzo, 2025

Colecta Regular \$ 5,188.00

Jewish Seder & Christian Eucharist!

Once again, our parish is offering everyone an opportunity to experience the rich significance of the Holy Eucharist in the light of the Jewish Seder meal (Passover). After the Rite which will include hard-boiled eggs, charoset, grape and matzo bread, there will be a proper lamb dinner with rice, vegetables, desert and drinks. For tickets, please talk to the ushers or call the parish office at 416-782-8943. Cost is \$45 per person.

Seder judío y Eucaristía Cristiana

Una vez más, nuestra parroquia ofrece a todos la oportunidad de experimentar el rico significado de la Sagrada Eucaristía a la luz de la comida del Seder judío (Pascua judía). Después del rito, que incluirá huevos duros, charoset, uvas y pan de matzo, habrá una cena de cordero con arroz, ensalada, postre y bebidas. Para conseguir entradas, hable con los ushers o llame a la oficina parroquial al 416-782-8943. El precio es de 45 dólares por persona.



First ShareLife 2nd Collection!

Next weekend, March 29/30, we shall be taking up a Second Collection after Communion to support the annual charitable initiatives of the Archdiocese of Toronto. Your generous donation reaches countless people who are in real need of help. Our parish goal for this appeal year is \$32,000. Please give intentionally and may God bless you.



Primera ShareLife 2da. Colecta!

El próximo fin de semana, 29/30 de marzo, haremos una Segunda Colecta después de la Comunión para apoyar las iniciativas caritativas anuales de la Archidiócesis de Toronto. Su generosa donación llega a innumerables personas que realmente necesitan ayuda. El objetivo de nuestra parroquia para este año es de 32.000 dólares. Por favor, den intencionadamente y que Dios les bendiga.

THIS WEEK AT ST. THOMAS AQUINAS

March 23th to March 30nd 2025 MASS INTENTIONS

SATURDAY, March 22nd — Saturday of the Second Week of Lent

9:00 am Parishioners of STA
5:00 pm +Maximo Rin

SUNDAY, March 23rd — Third Sunday of Lent

9:00 am +Frank Perri/ +Rosette Santos Ambrocio
10:30 am +Olivo Beniamino

12:00 pm +Michael and +Michalina Pawluk, +Luis Ortiz Gamboa, Birthday blessings on Luba Pawluk and Victoria Linares
2:00 pm +Gilberto Tovar/ +Ana Orsini, +Claudio, +Rina & Luigi La Rosa & Souls in Purgatory

6:00 pm +Rudy Peralta (1st death anniversary)

MONDAY, March 24th — Monday of the Third week of Lent

9:00 am +Anna Ventura/ +Maria Magdalena de Flamenco/ +Evangelina Quesada, +George Floyd/ Birthday blessings on Rocio Reyna & Ana Dolores Rivera

TUESDAY, March 25^h — Solemnity of the Annunciation of the Lord

9:00 am Birthday blessings to Arturito Gonzalez, Camila Gotlik, Ruben Garcia and Ivan Jose Perez

TUESDAY, March 25^h — Solemnity of the Annunciation of the Lord—Solemn Mass

7:00 pm +Ovidio Contreras/ +Eva Sanguino/ Healing of Vasquez & Acedo Family

WEDNESDAY, March 26th —Wednesday of the Third week of Lent

9:00 am +Manuel & Maria Vieira/ +Lucio Rego/ Souls in Purgatory/ +Ana Sylvia Argueta/ Birthday blessings upon Rene Alejandro Meza

THURSDAY, March 27th — Thursday of the Third week of Lent

9:00 am +Salvatore Adelina/ +Carmene D'Ambrosio/+Gianni/ +Herve Wirtz/ +Romanyszyn/ +Mario Guaggiardi/ +Vina Lauren Mallari/ Thanksgiving Curtis Brown

FRIDAY, March 28st — Friday of the Third week of Lent

9:00 am +Lorena Borahona/ +Mauricio Vasquez/ +Yvonne, Harold & John Way/ +Ana Piecha/ +Gabriela Crego/ +Marylin Ribeiro

SATURDAY, March 29nd — Saturday of the Third week of Lent

9:00 am
5:00 pm +Harriet Pallones Capalla



Reminders!!!

Parish Stations of the Cross and Bible Study are still happening on Fridays during Lent. Please see front cover of bulletin for the times.



¡¡¡Recordatorios!!!

El Vía Crucis Parroquial y el Estudio Bíblico continúan los viernes durante la Cuaresma. Por favor, consulte la portada del boletín para los tiempos.

Children's Choir!

Exciting news For kids & teens from grade 4 up, the Children's choir resumes with a beautiful musical performance from two of our young adults, Yorashko and Loren on Monday, March 24 at 7pm in the parish hall. If you think your child has some music talent and wants to praise God with it, then consider registering them. To register, talk to Fr Patrick or call the parish office at your earliest convenience.

Coro Infantil

Noticias emocionantes Para los niños y adolescentes de grado 4 en adelante, el coro de niños se reanuda con una hermosa actuación musical de dos de nuestros jóvenes adultos, Yorashko y Loren el lunes 24 de marzo a las 7 pm en el salón parroquial. Si crees que tu hijo tiene algún talento musical y quiere alabar a Dios con él, entonces considera inscribirlo. Para inscribirse, hable con el Padre Patrick o llame a la oficina parroquial lo antes posible.

Parish 2025 Jubilee Year Committee!

Given the great spiritual benefits of this Jubilee Year, our parish would like to create a committee of 3 to 5 faith-filled, devoted and selfless individuals who are willing to assist with planning our parish Jubilee visits to the designated Churches in the Archdiocese. The members will handle informing people, organizing the bus, prayer materials, food and other relevant logistics. Please talk to our pastor or call the parish office to indicate your interest and get details. Thank you.

¡Comité Parroquial del Año Jubilar 2025!

Dados los grandes beneficios espirituales de este Año Jubilar, a nuestra parroquia le gustaría crear un comité de 3 a 5 personas llenas de fe, devotas y desinteresadas que estén dispuestas a ayudar con la planificación de las visitas jubilares de nuestra parroquia a las Iglesias designadas en la Arquidiócesis. Los miembros se encargarán de informar a la gente, organizar el autobús, los materiales de oración, la comida y otros aspectos logísticos pertinentes. Por favor hable con nuestro párroco o llame a la oficina parroquial para indicar su interés y obtener detalles. Gracias.

2025 Jubilee Pilgrimage to Italy!

If you are considering joining our parish Jubilee visit to Rome and other pilgrimage sites in Italy, please pick up a flyer at the back of the Church or just call the parish office during the office hours.

¡2025 Peregrinación Jubilar a Italia!

Si usted está considerando unirse a nuestra parroquia Jubileo visita a Roma y otros lugares de peregrinación en Italia, por favor recoja un folleto en la parte posterior de la Iglesia o simplemente llame a la oficina parroquial durante las horas de oficina.

ALL ABOUT FAITH

Meditations for Each Day of Lent

By St. Thomas Aquinas

Third Sunday

It is the Passion of Christ that has freed us from sin

He hath loved us and washed us from our sins in His own blood.--Apoc. 1. 5..



The Passion of Christ is the proper cause of the remission of our sins, and that in three ways

1. *Because it provokes us to love God. St. Paul says, God commendeth his charity towards us; because when as yet we were sinners Christ died for us (Rom. v. 8).*

Through charity we obtain forgiveness for sin, as it says in the gospel, *Many sins are forgiven her because she hath loved much (Luke vii. 47).*

2. The Passion of Christ is the cause of the forgiveness of sins because it is an act of redemption. Since Christ is Himself our head, He has, by His own Passion undertaken from love and obedience delivered us His members from our sins, as it were at the price of His Passion. Just as a man might by some act of goodness done with his hands buy himself off for a wrong thing he had done with his feet. For as man's natural body is a unity, made up of different limbs, so the whole Church, which is the mystical body of Christ, is reckoned as a single person with its own head, and this head is Christ.

3. The Passion of Christ was a thing equal to its task. For the human nature through which Christ suffered His Passion is the instrument of His divine nature. Whence all the actions and all the sufferings of that human nature wrought to drive out sin, are wrought by a power that is divine.

Christ, in His Passion, delivered us from our sins in a causal way, that is to say, He set up for us a thing which would be a cause of our emancipation, a thing whereby any sin might at any time be remitted, whether committed now, or in times gone by, or in time to come: much as a physician might make a medicine from which all who are sick may be healed, even those sick in the years yet to come.

But since what gives the Passion of Christ its excellence is the fact that it is the universal cause of the forgiveness of sins, it is necessary that we each of us ourselves make use of it for the forgiveness of our own particular sins. This is done through Baptism, Penance and the other sacraments, whose power derives from the Passion of Christ.

By faith also we make use of the Passion of Christ...

[Read More](#)



Upcoming Events for March/April:

Catholic Family Services of Toronto invites you to participate in the following support sessions and seminars:

- **Online Drop-In Bereavement Support Session:** March 26, 2025 @ 7:00 pm
- **Online Drop-In Separated/Divorced Support Session:** March 27, 2025 @ 7:00 pm
- **Online Lenten Retreat:** April 1, 2025 @ 7:00 pm
- **In-Person Grief Support Session:** April 3, 2025 @ 10:00 am
- **Mass of Comfort and Light:** April 7, 2025 @ 7:00 pm
- **Annulments 101 Online Seminar:** April 9, 2025 @ 7:00 pm

These sessions are designed to offer support and guidance for those in need. We encourage you to join and invite others who may benefit.

For more information or questions, please contact Arcangelo Limanni at (647) 215-3978 or alimanni@cfstoronto.com. (www.cfstoronto.com)

Thank you for your ongoing collaboration and support!

[Read More](#)



3 Minute Retreat Growing in Holiness

A Reflection by Paul Brian Campbell, SJ

We risk making ourselves unhealthy when we stay down in the dirt with "any swarming creature that crawls on the ground." God is the ultimate source of holiness and to become holy we need to stay close to God.

According to my dictionary, the words "holy" and "healthy" come from the same root. I like thinking of holiness in terms of health; otherwise I could get bogged down by a concept of holiness that is ethereal and removed from everyday life. As Hildegard of Bingen reminds us, "The truly holy person welcomes all that is earthly."

Most of us don't think of ourselves as holy, but that is what we're called to become.

[English](#)

[Español](#)

LIVING YOUR FAITH

Stations of the Cross - For Kids



Animated Story

[**Children's Video**](#)

Pope Francis: War is absurd. Let's disarm the Earth



By Vatican News

We publish a letter from Pope Francis to the Italian daily newspaper "Corriere della Sera" editor-in-chief Luciano Fontana, written in response to Fontana's message of support during the Pope's illness. In the letter, the Pope asks Fontana to relaunch and amplify his appeal for peace and disarmament.

[**Read More**](#)

**Joy in Lent? Day of Recollection
with Fr. Donald Raila OSB**
Saturday, Apr 5, 2025 7:30am to 4:30pm
Holy Rosary Parish, Toronto



In contrast to the emotion of happiness, Christian joy, as a gift and a fruit of the Holy Spirit, is always available and is based on our acceptance of a close relationship with Christ. Since Lent is a season of focus on renewal in Christ, joy should indeed be a characteristic of Lent, as is evidenced by the Rule of St. Benedict.

Speaker: Fr Donald Raila OSB

[**Register Here**](#)

How Satan Uses Discouragement to keep you Away from God



What does discouragement look like? What should you do when discouragement strikes?

Today Fr. Mark-Mary shares how to overcome discouragement. No matter the lies Satan tells us, we are never alone and we are never too far gone.

[**Watch Video**](#)

“Mary is more blessed because she embraces faith in Christ than because she conceives the flesh of Christ.” St. Augustine

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