

Living the Gospel



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MASS SCHEDULE AND INTENTIONS

May 25th to June 1st, 2024

SATURDAY, May 25th

9:00 am +Vincent Nguyen & +Maria Dinh/ +Marcelo Javier Vasconez Naranjo/ +Augusto Nicasio/ +Frank Perri

5:00pm Melaya family/ +Vincenzo & +Giuseppina Tuzi/ +Tequila Tuzi/ +Tala Nicholson/ Thanksgiving for the ELIM prayer group

SUNDAY, May 26th — Most Holy Trinity

9:00 am (available for intentions)

10:30 am (available for intentions)

12:00 pm Thanksgiving for Beverly, Vivien, & David Stephens

2:00 pm +Caterina La Rosa/ +Oscar Vidal Linares/ +Amparito de Moreira/ Sanacion de Gaudis Colmenares, Irena, & Ania

6:00 pm (available for intentions)

MONDAY, May 27th

9:00 am +Peter Andersen & +Vincent Tuong/ +Marie Phien and all souls in purgatory/ +Ramon Valdes/ +Virginia Peralta Queñano

TUESDAY, May 28th

9:00 am +Vincent Nguyen & +Maria Dinh/+Peter Andersen & +Vincent Tuong/ Blessings upon Marviniel & Vina/ Maria Lopez

WEDNESDAY, May 29th

9:00 am Thanksgiving for Emerita Segismundo/ Birthday blessings upon Mathew/ +Becky Colmenares/ +Vincent Nguyen & +Maria Dinh

THURSDAY, May 30th

9:00 am Birthday blessings upon Joshuwa Brown & Owen Pelaez/+Vincent Nguyen & +Maria Dinh

FRIDAY, May 31st — Visitation of Mary

9:00 am +Angel Cayas/ +Loraine Singh/ +Benjamin Naranjo Silva, +Loma & Justin Stone/+Vincent Nguyen & +Maria Dinh / Birthday blessings upon Walmerol Redil

11:00 am Funeral Mass for Michael Philip Campbell

SATURDAY, June 1st — St. Justin, Martyr

9:00 am Thanksgiving for the Legion of Mary/ +Vincent Nguyen & +Maria Dinh/+Krenija Poljak/ +Ana Piecha/ Birthday blessings upon Luana Poljak

5:00pm +Maria de Jesus Días/ all souls in purgatory

We are accepting Mass Intentions through the office during the week

From the Pastor's Desk

Dear parishioners of STA Parish,

Today we celebrate the great feast of the Most Holy Trinity. The M, H and T are purposely capitalized to show respect and reverence to the Lord. During our prayers at Mass, we usually bow when God's name is mentioned. I bet you do the same when greeting or recognizing parents, teachers, the elderly, or VIPs. This weekend, our spiritual mother, the Church, reminds us of the name of our God: Father, Son and Holy Spirit, three distinct persons in one and same Godhead. A simple prayer such as this one would honor God's name today: "Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen. May the Lord bless you!

Queridos feligreses de la Parroquia STA,

Hoy celebramos la gran fiesta de la Santísima Trinidad. Las letras S y T se escriben con mayúscula a propósito para mostrar respeto y reverencia al Señor. Durante nuestras oraciones en la Misa, solemos inclinarnos cuando se menciona el nombre de Dios. Me imagino a que tú haces lo mismo cuando saludas o reconoces a padres, profesores, ancianos o personalidades. Este fin de semana, nuestra madre espiritual, la Iglesia, nos recuerda el nombre de nuestro Dios: Padre, Hijo y Espíritu Santo, tres personas distintas en una misma Divinidad. Una oración sencilla como ésta honraría hoy el nombre de Dios: «Gloria al Padre, al Hijo y al Espíritu Santo. Como era en el principio, ahora y siempre, por los siglos de los siglos. Amén. ¡Que el Señor os bendiga!

Saturday, June 15th from 11am to 5pm

We accept intercontinental food donations and also award money, material and other prizes.. Please grab your raffle tickets ASAP from the parish office. For food donation and related infos in English, please contact Carmine (416-899-7913) or Isabel (647-501-0723) in Spanish. Everyone is welcome to participate!

Aceptamos donaciones de alimentos intercontinentales y también premios en dinero, material y otros.. Por favor, coge tus boletos para la rifa lo antes posible en el despacho parroquial. Para donaciones de comida e información relacionada en inglés, por favor contacta con Carmine (416-899-7913) o Isabel (647-501-0723) en español. ¡Todos son bienvenidos a participar!

THIS WEEK AT ST. THOMAS AQUINAS

ShareLife Third Collection/ ShareLife Tercera colección/

On the weekend of 01/02 June, we shall be taking up our third ShareLife Second Collection for the charitable works of our Archdiocese. Please give generously. May the Lord reward you abundantly!

El fin de semana del 1 y 2 de junio realizaremos la tercera colecta de ShareLife para las obras de caridad de nuestra archidiócesis. Por favor, dad generosamente. Que el Señor les recompense abundantemente.

Thank you for your generosity!
Gracias por su generosidad
Regular Collection—May 19, 2024
\$4195.00

All Fridays in June

Mass & Devotion Prayer to the Sacred Heart of Jesus from 7pm to 8:30pm. We invite everyone to join us during the month of June for a weekly evening votive Mass in honor of the Sacred Heart of Jesus. We shall join the whole Church to offer prayers, abstinence, and good deeds in atonement for our sins and those of the whole world. Come one, come all!

Todos los viernes de junio

Misa y Oración de Devoción al Sagrado Corazón de Jesús de 7pm - 8:30pm. Invitamos a todos a unirse a nosotros durante el mes de junio para una Misa votiva vespertina semanal en honor del Sagrado Corazón de Jesús. Nos uniremos a toda la Iglesia para ofrecer oraciones, abstinencia y buenas obras en expiación por nuestros pecados y los del mundo entero. Venid todos.



Follow the latest parish updates and stay connected on Instagram and Facebook!
[@staparishto](#)

Extraordinary Eucharistic Procession on Saturday, 1st June at 6:30pm!

Following our Archbishop's warm invitation, there will be all-embracing parish Eucharistic procession on the first Saturday in June. All the parish ministries, prayer groups and associations are cordially invited to come dressed up in their attire (color: white). Let us enthrone our Lord Jesus Christ as King of our lives matching forward with faith through the streets with our lively songs and acclamations. Christus vincit! Christus regnat!! Christus imperat!!!

Siguiendo la calurosa invitación de nuestro Arzobispo, habrá una procesión eucarística parroquial extraordinaria el primer sábado de junio. Todos los ministerios parroquiales, grupos de oración y asociaciones están cordialmente invitados a venir vestidos con sus atuendos (color: blanco). Entronicemos a nuestro Señor Jesucristo como Rey de nuestras vidas avanzando con fe por las calles con nuestros cantos y aclamaciones vivas. ¡Christus vincit! ¡Christus regnat! ¡Christus imperat!

All Wednesdays in June:

School of Christian Prayer from 7pm to 8:30pm inside the Church (Spanish downstairs in the parish hall). Please bring along your CCC (available at the parish office) and purchase or download a copy of the Pope's document "Teach us to Pray."

Todos los miércoles de junio:

Escuela de Oración Cristiana de 7pm - 8:30pm dentro de la Iglesia (español abajo en el salón parroquial). Por favor traiga su CIC (disponible en la oficina parroquial) y compre o descargue una copia del documento del Papa "Enseñanos a Orar."



Reminder:

Marian Pilgrimage to Mexico from September 21 to 27. Flyers are available at the back of the Church!

Peregrinación Mariana a México del 21 al 27 de septiembre. ¡Los folletos están disponibles en la parte posterior de la Iglesia!

ALL ABOUT FAITH

May 31: Visitation of the Blessed Virgin Mary - Feast



Though the immediate reason for the institution of this feast was internal Church conflict, its inspiration is the glorious story that Saint Luke recounts in the first chapter of his Gospel. After the Annunciation, God became man. Divinity united to humanity within the womb of the Blessed Mother. Most likely,

Mary traveled to be with Elizabeth, her cousin, within a month of conceiving the Savior of the World. Thus, she traveled as a tabernacle of the Most High. Note that Luke tells us that she traveled "in haste." On a spiritual level, we can see within this line a twofold action. First, though the Savior was but a tiny child within Mary's womb, He was also God. Though He lacked the use of human reason at that time, He had divine knowledge. Thus, within His divinity, God the Son desired that His virginal mother not only go to Elizabeth to assist her in her pregnancy, but that she also go to her because the Son of God desired to sanctify John the Baptist within his mother's womb. The first thing we see, therefore, in this journey "in haste" is the revelation of the Son of God's desire to pour forth His sanctifying grace upon His precursor, John, within the womb. It was Jesus, within the womb, Who inspired His mother to make the journey so as to fulfill His divine will.

Prayer: Most glorious Virgin Mary, you were filled with the Holy Spirit at the time of the Annunciation and carried the Eternal Son of the Father within you. As you journeyed to visit Elizabeth, you did so with a holy urgency and drive, enabling you to fulfill the will of Your Son. Please pray for me, that I may be filled with that same urgency to become holy and to spread that holiness to others. Mother Mary, pray for me. Jesus, I trust in You. -My Catholic Life

Martyrs' Shrine Gala

Wednesday, June 12, 2024 05:30 PM - 09:00 PM
Bellvue Manor, 8083 Jane St., Vaughan, Ont.



The National Shrine to the Canadian Martyrs is delighted to invite you to our inaugural Spring Gala. The Shrine has been serving millions of pilgrims for the past hundred years, and this Gala is

the launch of its centennial anniversary, and will start the campaign for the revitalization of the shrine church and grounds, to ensure that it lasts for another hundred years. Special keynote address from His Grace Archbishop Francis Leo and musical performance from St. Michael's Choir School.

[Register](#)

No "fine minds" without "generous hearts," Pope tells



You have a duty "not only of forming fine minds, but also of developing generous hearts." This was Pope Francis' exhortation as he received a delegation from Jesuit-run Loyola University of Chicago, on May 20, 2024, at the Vatican. "We need men and women who are ready to put their skills at the service of others, to work for a future in which each person can achieve his or her potential and live with dignity and respect, and in which the world can find peace," he said.

This Catholic university has nearly 17,000 students, and has also administered a university campus in Rome since 1962. The Pope spoke to members of the Board of Trustees on a pilgrimage to the Eternal City in the footsteps of St. Ignatius of Loyola, founder of the Jesuit order, which he belongs to. "Your experience of visiting the places that shaped Ignatius' life and spirituality has surely enriched and inspired you on your path of academic and personal formation," he told them at the start of his address.

[Find Out More](#)



Show Your Greatness

2 Samuel 12:13

Then David said to Nathan, "I have sinned against the LORD."

3 Minute Retreat

[English](#)

[Español](#)

LIVING YOUR FAITH

Most Holy Trinity



Animated Bible Story

[Children's Video](#)



Fasting and Inner Healing Retreat
Saturday, June 08, 2024 09:00 AM -
Sunday, June 09, 2024 06:00 PM
Divine Retreat Centre Toronto, 69 William St.

The Fasting and Inner Healing Retreat will be led by Fr. Sam Samuel VC, Fr. Louis Joseph VC and the Divine team on June 8th and 9th from 9 a.m. to 6 p.m. (both days are mandatory). The retreat will consist of Holy Mass, Praise and Worship, Confession, Spiritual talks and Eucharistic Adoration. This is a fasting retreat, hence no food will be provided, however feel free to bring your own meal if needed. Prior registration is required with a fee of \$20 (plus service fees) and registration can be done through our website.

[Register Here](#)

WOUNDED HEALER



The Work of Healing

Nouwen's lens in *The Wounded Healer* is specific to those providing spiritual care, or hope of any kind, to others in an increasingly existential culture. He is explicit in the need for those of us who have experienced wounds to walk with One Who has been wounded (Christ) and emphasizes the irreplaceable role of those who stand in the gap between the wound and the wounded seeking healing. Uncannily, he describes the landscape of ministering to an increasingly hopeless generation (in 1972), which is all the more relatable today.

[Read More](#)

How to Love Yourself Like God Does



If you don't like who you see looking back at you from the mirror, you're not alone. Where do these deep-seated insecurities come from? Why do we tend to compare ourselves to other people? Why does it seem like more people struggle with self-image today than they ever did before? You were never meant to live this way. Jesus sees you, and he's ready to bring you healing through the full truth of who you are.

[Short Video](#)

*“The Father loves not only the Son but also himself and us, by the Holy Ghost.”
— St. Thomas Aquinas*

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