

St. Thomas Aquinas

ROMAN CATHOLIC PARISH



October 1st, 2023 | Twenty-sixth Sunday in Ordinary Time

SUNDAY MASSES

ENGLISH: Saturday—5:00 pm | Sunday—9:00am | 12:00 pm | 6:00 pm
ITALIAN: Sunday—10:30 am
ESPAÑOL: Sunday—2:00 pm

WEEKDAY MASSES

Monday to Saturday 9:00am

CONFESSIONS

Saturdays 4:00pm or by appt

BAPTISMS—BAUTIZOS

Please call the office, **Three months** in advance, .
Llamar a la oficina con **tres meses** de anticipación.

WEDDINGS—BODAS

Please contact the office **one year** in advance.
Llamar a la oficina con **un año** de anticipación.

CATECHISM & RCIA

For the Sacraments of Initiation (Baptism, First Communion/Confirmation), please contact the office and press **ext. 0**

SICK CALLS

Please call the office for visits or Communion visitations to the sick.



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PASTOR Fr. Patrick Ezimora C.C.E.
ASSOCIATE PASTOR Fr. Peter Paul C.C.E.

OFFICE HOURS: Monday to Friday
9:30 am - 12:00pm | 12:30 pm - 4:00 pm

CATHOLIC SCHOOLS

St. Thomas Aquinas |
636 Glenholme Ave. Toronto | 416 393-5236
D'Arcy McGee |
20 Bansley Ave. Toronto | 416-393-5318

CATHOLIC FUNERAL HOMES

Bernardo Funeral Home |
416-789-7661
Vescio Funeral Home |
416-656-3332

DEVOTIONS—DEVOCIONES

Holy Rosary: 8:30am on Wednesdays
Eucharistic Adoration: 9:30am - 11am
on Fridays and 6:00 pm on First Fridays

CHURCH HOURS:

The church is open Mondays to Fridays
from 8:00 am to 12:00 pm, Saturdays
from 8:00am to 6:00 pm and Sundays 8:00
am to 7:00 pm.

September 30th to October 7th 2023

MASS SCHEDULE AND INTENTIONS

SATURDAY, September 30th

9:00 am Alicia Arevalo de Sandino & Esteban Sandino/
+Carmen Hernandez Pratto/ Healing of Eduardo Maximo
Gallardo Sarmiento

2:30 pm Baptism of Tiago & Tiara

5:00 pm (available for intentions)

SUNDAY, October 1st — St. Therese of Lisieux

9:00 am +Alicia Sandino/ Healing of Omela Boodram &
Eduardo Gallardo/ +Celso Macuto/ Marina Jose Bernardo
Lepana & all souls in purgatory

10:30 am +Giovanni Lombardi

12:00 pm Maria Pedreira's good health/ Thanksgiving for
Anthonia Agbame

2:00 pm 1st year death anniversary of +Flavio Gordon/
Birthday of Evilyn Alvarado/ Descanso del alma de Sandor
Valencia & Julio Rivera/ Sanacion de Ana de Dios Giraldo

6:00 pm +Felix Doydora, +Nestor, Eduardo, Brigida &
Jeric Quimson, Francisco Quimson Sr.

MONDAY, October 2nd — Holy Guardian Angels

9:00 am +Luis Carlos Denis & all souls in Purgatory/
Birthday blessing upon Rev. Fr. Jojo Kachappilly &
Jennifer Fuentes

TUESDAY, October 3rd

9:00 am (available for intentions)

WEDNESDAY, October 4th — St. Francis of Assisi

9:00 am +Jose Maximiliano Soto/ +Chizo Eucharía Ezeudu+/
Birthday blessings upon Faz & Natalia Maria Guillen Soto

THURSDAY, October 5th — St. Faustina Kowalska

9:00 am +Darci Paixao/ +Concepcion de Rodas/ +Silvano
Rodas/ Birthday blessings upon Rev. Fr. Ruggiero
Dibenedetto & Steven Lopez Rodas

FRIDAY, October 6th

9:00 am (available for intentions)

7:00 pm (available for intentions)

SATURDAY, October 7th — Our Lady of the Rosary

9:00 am +Circle of Prayer/ Thanksgiving for the Legion of
the Mary/ For the deceased members of Rodas, Cedillos,
Mizko, Gonzalez, Moz & Heath families/ All souls in
Purgatory/ For all priests living and deceased/

5:00 pm (available for intentions)



Follow the latest
parish updates: @staparishto

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stthomasaquinasto@archtoronto.org www.stthomasaquinas.archtoronto.org

THIS WEEK AT ST. THOMAS AQUINAS

From the Pastor's Desk

Dear brothers and sisters in Christ,

At times we feel overwhelmed by so many things we need to do and especially with the expectations of other people. Can life really get more complicated than it already is? Well, I think our true peace and happiness lies somewhere else. It is not exactly about getting stuff done, but rather always resting in God's presence. That means saying "YES" and "cooperating with Him" in whatever way He wishes. As you ruminate over the holy Gospel of this 26th Sunday (Matthew 21.28-32), I pray the Lord to shower you with all the graces necessary for your state of life. Amen.



THANKSGIVING FOOD DRIVE

We are asking for nonperishable food items such as pasta tuna, beans, spaghetti, canned soup, etc. Your generosity makes a difference! Thank you for helping those who are in need in our parish community and beyond!

Youth Group on Friday Evenings is Back!

Youth Ministry for Friday, October 6, 2023

Topic: Games Night

7pm to 8:30pm in the parish hall; refreshments will be provided. If you are interested, please register and pick up a flyer. We need sponsors for each youth night. Thank you in advance!

FREE ROSARIES!

On the weekend of 7/8 October, our Legion of Mary will be giving away rosaries and to favor your devotion to our heavenly mother by the recitation of the holy rosary. Please join us to pray during this month of October. Thank you.

Annual Weekend Mass Attendance Count:

We will be conducting a parish headcount in all Masses during the weekends of **October 14/15 and October 21/22**. This will help provide an accurate profile of Mass attendance in the Archdiocese.

STA Parish August 2023 Income/Expenditures

Overall Church Revenue: \$53,175.58

Overall Church Expenses: \$60,887.59

Thank you for your generosity!

September 24, 2023 Regular Collection:
\$4659.00

FORMED

Our Parish has Subscribed to FORMED! Here is some information to help with next steps to register for FREE:

1. Go to signup.formed.org
 2. Type "M6E 3G9" to find and click on our Parish click "Next"
- St Thomas Aquinas Parish**
640 Glenholme Ave Toronto ON
3. Type your name and your personal email address and click "Sign Up"

Christian Life Seminar

Missionary Families of Christ invite you to their Christian Life Seminar series. It is open to everyone. The meetings are held every Saturday from September 23 to November 4, 2023 from 7:00 pm to 9:00 pm. Experience the life and vibrancy of Christian renewal in the presence of the Lord in your daily life! We hope to see you there!



Blessed Sacrament's Candle & Flowers

By the kind generosity of :

Eliza Tinguha

Thank you and God bless you!

Grazie. Gracias. Salamat po. Asante!

ESTA SEMANA EN ST. THOMAS AQUINAS

Del escritorio del Pastor

Queridos hermanos y hermanas en Cristo,

A veces nos sentimos abrumados por tantas cosas que tenemos que hacer y, sobre todo, por las expectativas de los demás. ¿Es posible que la vida sea más complicada de lo que ya es? Pues bien, creo que nuestra verdadera paz y felicidad está en otra parte. No se trata exactamente de hacer las cosas, sino de descansar siempre en la presencia de Dios. Eso significa decir "Sí" y "cooperar con Él" de la manera que Él desee. Mientras rumias el santo Evangelio de este domingo 26 (Mateo 21.28-32), ruego al Señor que te colme de todas las gracias necesarias para tu estado de vida. Amén.

Vuelve el grupo de jóvenes de los viernes por la tarde

Ministerio de la Juventud para el 6 de octubre

Tema: Noche de Juegos

7pm a 8:30pm en el salón parroquial; refrescos serán proveídos. Si usted está interesado, por favor regístrese y recoja un volante. Necesitamos patrocinadores para cada noche juvenil. ¡Gracias de antemano!

ROSARIOS GRATUITOS

El fin de semana del 7/8 de octubre, nuestra Legión de María regalará rosarios y favorecerá su devoción a nuestra madre celestial mediante el rezo del santo rosario. Por favor, únete a nosotros para rezar durante este mes de octubre. Gracias.

Recuento anual de asistencia a misa los fines de semana:

Realizaremos un recuento parroquial en todas las misas durante los fines de semana del 14/15 y 21/22 de octubre. Esto ayudará a proporcionar un perfil preciso de la asistencia a misa en la Archidiócesis.

STA Parroquia Agosto 2023

Ingresos/Gastos

Ingresos totales de la Iglesia: \$53,175.58
Gastos Generales de la Iglesia: \$60,887.59

Gracias por su generosidad!

24 de septiembre de 2023 Colecta Regular:
\$4659.00



COLECTA DE ALIMENTOS DE ACCIÓN DE GRACIAS

Estamos pidiendo alimentos no perecederos como atún pasta, frijoles, espaguetis, sopa enlatada, etc. ¡Su generosidad hace la diferencia! ¡Gracias por ayudar a aquellos que están en necesidad en nuestra comunidad parroquial y más allá!

FORMED

¡Nuestra parroquia se ha suscrito a FORMED! Aquí hay alguna información para ayudar con los próximos pasos para inscribirse GRATIS:

1. Ir a signup.formed.org
2. Escriba "M6E 3G9" para encontrar y haga clic en nuestra Parroquia haga clic en "Siguiente" **Parroquia de Santo Tomás de Aquino 640 Glenholme Ave Toronto ON**
3. Escriba su nombre y su dirección de correo electrónico personal y haga clic en "Sign Up".

Seminario de Vida Cristiana

Familias Misioneras de Cristo le invita a su serie de Seminarios de Vida Cristiana. Está abierto a todos. Las reuniones se celebran todos los sábados del 23 de septiembre al 4 de noviembre de 2023 de 19:00 a 21:00. Experimente la vida y la vitalidad de la renovación cristiana en la presencia del Señor en su vida diaria. ¡Te esperamos!



Santísimo Sacramento Velas y Flores

Por la amable generosidad de:
Eliza Tinguha

Gracias y que Dios les bendiga.
Grazie. Gracias. Salamat po. ¡Asante!

ALL ABOUT FAITH

October 2: Guardian Angels



“See that you do not despise one of these little ones, for I say to you that their angels in heaven always look upon the face of my heavenly Father” (Matthew 18:10). Jesus speaks these words immediately before he teaches the Parable of the Lost Sheep that shows Jesus’ deep love for each and every

person, for each of the “little ones.” Not only does He seek out the lost and straying sheep, He also gives them their own guardian angels, who always look upon the face of God, and whose sole task is to care for us, to get us to Heaven. It is these angelic beings whom we honor today. The fact that every person is assigned a personal guardian angel is deeply rooted not only in Scripture, but also in the writings of the saints and the teachings of the Church. In the Psalms we read, “For he commands his angels with regard to you, to guard you wherever you go. With their hands they shall support you, lest you strike your foot against a stone” (Psalm 91:11–12). Saint Jerome, in commenting on the above-mentioned passage from the Gospel of Matthew, says, “The worth of souls is so great that from birth each one has an angel assigned to him for his protection.” Saint Thomas Aquinas says, “Each man has an angel guardian appointed to him. This rests upon the fact that the guardianship of angels belongs to the execution of Divine providence concerning men” (Summa Theologiae 1.113.2).

Angel of God, my guardian dear, to whom God’s love commits me here; ever this day be at my side, to light and guard, to rule and guide. Amen. Angels of God, pray for me. Jesus, I trust in You. My Catholic Life

Marian Retreat October 2023

Saturday, October 14, 2023 09:00 AM -

Sunday, October 15, 2023 06:00 PM

Divine Retreat Centre Toronto (69 William St)



The Marian Retreat will be led by Fr. Paul Parekattil VC and the Divine team on October 14th and 15th from 9 a.m. to 6 p.m. The Retreat will consist of Holy Mass, Praise and Worship, Confession, Spiritual talks, and Eucharistic Adoration. Lunch will

be provided and attendance on both days is mandatory. Prior registration is required with a fee of \$20 (plus service fees) and registration can be done through our website divineretreatcentretoronto.org.

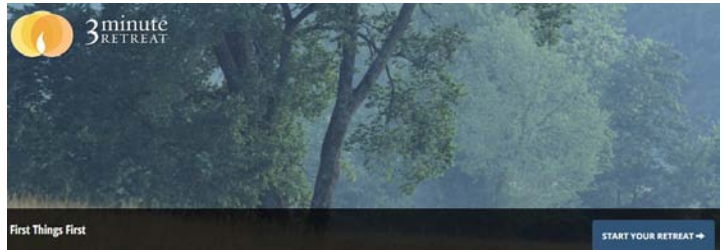
[Find Out More](#)

A Twofold Gaze at Mercy and Misery



If you could pick two things to gaze at, what would they be? Ideally, the two greatest things to gaze at are the Mercy of God and your own misery. Most likely, it immediately makes sense that the Mercy of God would be one of the most important things to gaze at, but the wisdom of gazing at your own misery may not be immediately apparent. What we need to understand is that there is danger in seeing only one or the other. If you were to focus in on the Mercy of God without also seeing your misery, then you would not be in a position to invite that Mercy into the parts of your life that need it the most. And if you were to gaze at your misery without also seeing the Mercy of God, you would be led into despair. The Mercy of God is given so that every sin, hurt, confusion, struggle and the like will have a remedy. Our Lord longs to heal us and lift our burdens. Allow His Mercy to meet all that burdens you and His Mercy will achieve its end (See Diary #1345).

[Read More](#)



3 Minute Retreat

First Things First

Mark 12:30-31

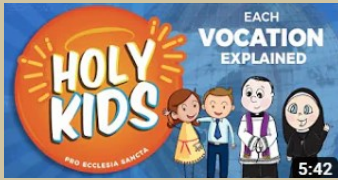
You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. You shall love your neighbor as yourself.

[English](#)

[Español](#)

LIVING YOUR FAITH

Each Vocation Explained



[Animated Story](#)

[Children's Video](#)

Praying with the life of Sr. Faustina Kowlaska Friday, October 13, 2023 07:00 PM - Sunday, October 15, 2023 01:00 PM

Manresa Jesuit Spiritual Renewal Centre Pickering

SILENT RETREAT WEEKEND FOR MEN: While most Catholics are familiar with the Icon of the Divine Mercy which is found in most parishes, less known is the life of Sr. Faustina, an obscure Polish nun whom Jesus used to proclaim God's infinite mercy to all who desire to receive it. This retreat is meant to assist retreatants to move to a deeper insight into the spiritual life of Sr. Faustina which hopefully leads to a deepen understanding and acceptance of retreatants own life journey with God. Facilitated by: Fr. Henk van Meijel, SJ. Suggested offering: \$ 250 pp. Includes two nights accommodation, meals, spiritual direction and program.

[Learn More Here](#)

"Busy" Doesn't Always Mean "Good"



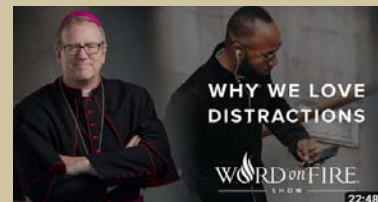
It's a conversation I've heard time and time before. Just yesterday I overheard one woman ask her friend, "How are you?" To which her friend replied, "I'm good" and, wait for it . . . "SO busy!"

I recently came across an article by essayist and cartoonist Tim Kreider. He wrote a piece for The New York Times titled, "The 'Busy' Trap." It is an insightful piece on how we use busyness as a form of self-worth. We check our calendar like we check our pulse. If our calendar affirms our busyness, our blood is still pumping and we are still living.

But are we living life to the fullest? In our busyness do we actually leave room for leisure, or is that scheduled for an after-dinner pedicure at your local salon while you check all your notifications?

[Read More](#)

The Busy Catholic's Guide to Finding Time to Pray



Friends, why do we love being distracted from the important things of life? The great French philosopher Blaise Pascal observed, "The sole cause of man's unhappiness is that he does not know how to stay quietly in his room." On this episode of "The Word on Fire Show," Brandon Vogt and Bishop Barron discuss why it is so hard to be still and contemplate reality, and how we can get better at it.

[Watch Video](#)

*"Holiness consists simply in doing God's will, and being just what God wants us to be."
— St. Therese of Lisieux*

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