

St. Thomas Aquinas

ROMAN CATHOLIC PARISH



February 26th, 2023 | First Sunday of Lent

SUNDAY MASSES

Saturday 5:00pm English
Sunday 9:00am English
10:30am Italiano
12:00pm English
2:00pm Español
6:00pm English

WEEKDAY MASSES

Monday to Saturday 9:00am

CONFESSIONS

Saturdays 4:00pm or by
Appointment

BAPTISMS - BAUTIZOS

Three months in advance, please
call the office.
Llamar a la oficina con **tres**
meses de anticipación.

WEDDINGS - BODAS

Please contact the office **one year** in
advance. Llamar a la oficina con **un**
año de anticipación.

CATECHISM & RCIA

For the Sacraments of Initiation
(Baptism, First Communion &
Confirmation), please contact the
office and press **ext. 0**

SICK CALLS

Please call the office for visits or
Communion visitations to the sick.

DEVOTIONS / DEVOCIONES

- **Holy Rosary:** Wednesdays &
Saturdays at 8:30am
- **Eucharistic Adoration:** Fridays
from 9:30 am to 11am.

OFFICE HOURS

Monday to Friday from 9:30am to
4:00pm The office is closed from
12:00noon to 12:30pm



CATHOLIC SCHOOLS

St. Thomas Aquinas | 636 Glenholme Ave. Toronto | 416-393-5236
D'Arcy McGee | 20 Bansley Ave. Toronto | 416-393-5318

CATHOLIC FUNERAL HOMES

Bernardo Funeral Home | 416-789-7661
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PASTOR Fr. Patrick Ezimora C.C.E.

ASSOCIATE PASTOR Fr. Peter Paul C.C.E.

THIS WEEK AT ST. THOMAS AQUINAS

From the Pastor's Desk

Dear parishioners of STA Parish,

The Lenten fitness program has already begun. Like with any serious human activity, this first Sunday equips us with the *theory* of how to arrive successfully to the finish line. **Theory 1:** I am God's wonderful handiwork. **T2:** The Lord God provided me with every good thing that I needed to be happy. **T3:** Evil and sin befell mankind because we did not trust God entirely, but rather let ourselves be enticed by the devil, father of lies. **T4:** The consequence of sin was the monopoly of suffering and death. **T5:** Jesus Christ, the new Adam, out of his love for us, endured the price of our iniquity with his obedience unto death. **T6:** The Word of God is the only power that can help us overcome and overthrow the dominion of sin and darkness. **T7:** The Holy Eucharist snatches us away from sin, both venial and mortal.

Now that you know the 7Ts of the Lenten fitness program, go forth and *live (y)our victory everyday!* Blessings!!



Blessed Sacrament's Candle
and Flowers
By the kind generosity of
Rosa D'urzo

Thank you and God bless you.
Grazie. Gracias. Salamat po. Asante.

Youth Ministry for Friday, March 4th Topic: Faith Formation

8pm to 9pm in the parish hall; refreshments will be provided. If you are interested, please register and pick up a flyer. We need sponsors for each youth night. Thank you in advance!

Bible Study for Wednesday, March 8th, 2023 From 7:00 PM to 8:30 PM following the Stations of the Cross

Topic: "The Chosen" Season 1, Episode 4: The Rock
on Which it is Built

YouTube Video: Or download "The Chosen" App
Please bring along your Bibles, Catechism,
and notebook.

Divine Mercy Sunday Pilgrimage
Stockbridge, Massachusetts, USA
April 14-17, 2023 | \$395 per person - 4 persons
in a room.
Please contact Edith at 416-420-5185.

St. Vincent de Paul's Bundle Up Collections

On the weekend of **March 11/12**, there will be a Bundle Up collection for St. Vincent de Paul's charity at St. Claire Parish - 1118 St. Clair Avenue West Toronto, ON, M6E 3M6

The acceptable items include All Clothing, All footwear, Bedding, Drapery/Towel, Toys (new Toys only). **Time: From 8am to 1:30pm on both days.**

English and Spanish Copies of the **Catechism of the Catholic Church** available for sale in the Parish Office. The cost is \$15.

Visit & Follow us on Facebook by searching:
[St. Thomas Aquinas Parish Toronto](#)
(or click on link)

Visit & Follow us on Instagram by searching:
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2023 LENTEN SCHEDULE

- 1) Sacrament of Reconciliation/Confession is available every Friday during Lent, from 6:30pm to 6:50pm.
- 2) Evening Mass will be celebrated every Friday during Lent at 7pm.
- 3) Stations of the Cross will take place on Fridays at 7:30pm.
- 4) **5-minutes** Lenten Reflection on the **5 Precepts of the Catholic Church** every Sunday after the Concluding Prayer.



MASS SCHEDULE AND INTENTIONS

Feb 25th to Mar 4th 2023

SATURDAY, Feb 25th

9:00am (available for intentions)

5:00pm For our priests and deacons, living and deceased who have ministered to us / + *Agostino Barbuscio's first year death anniversary / Death anniversary of + Natividad Cabiguen /* Thanksgiving for Aida Cayas

SUNDAY, Feb 26th

9:00am For the soul of + *Virginia Peralta Queñano and for the soul of all our departed loved ones.*

10:30am + *Mario Trevisan /* Birthday blessings for Frank Carbone & special intention of Salvador Carpino

12:00pm + *Clement & Maria Stephens*

2:00pm *Descanso del alma de + Julia Tejada Chotto, + Andrea Chevez, + Jose Ramos, + Flor de González, + Juana Ines Venegas, + Eliseo Murillo, + Heidi Park /* Por la salud de Mary Wahba, Otto Rivera / Bendiciones en el cumpleaños de Sofia Eunice Tejada, Jacqueline Marisol Gomez, Lucy Dalsass

6:00pm For Our Lady's Intentions for Luke and Joseph

MONDAY, Feb 27th

9:00am + *Jeanette David & + Mary David / + Maria Madalena Ngu and all souls in purgatory*

TUESDAY, Feb 28th

9:00am Birthday blessings for Caridad Dabu / + *Peter Andersen & + Vincent Tuong*

WEDNESDAY, Mar 1st

9:00am + *Gioan Baotixita Dinh & + Maria Ngo /* Thanksgiving for the Dequina family

THURSDAY, Mar 2nd

9:00am + *Vincent Nguyen and + Maria Dinh*

FRIDAY, Mar 3rd

9:00am + *Vincent Nguyen & + Maria Dinh /* Birthday blessings, long life and good health for Ann Mentore

SATURDAY, Mar 4th

9:00am Circle of Prayers / Thanksgiving for the Legion of Mary

5:00 pm (available for intentions)

We are accepting Mass Intentions through the office during the week

Around STA and the Community

1st Sunday of Lent February 26, 2023

Support our Lenten ShareLife Appeal

In this time of Lent, please reflect on the great needs of our brothers and sisters who are helped through your kind support of ShareLife.

Last year, ShareLife supporters like you enabled 1,900 young parents and their children to access programming, along with diapers, food and clothing.

Your support of ShareLife provides hope and support as they create better lives for their families. Please give generously once again this year.



OFFICE OF VOCATIONS
ARCHDIOCESE OF TORONTO

Come & See Discernment

Weekend Retreat

March 17, 2023 – March 19, 2023

at St. Augustine's Seminary

The Office of Vocations will be hosting a Come & See Weekend Discernment Retreat for men 18 years and older, at St. Augustine's Seminary on **Friday, March 17 (6:30 p.m.) until Sunday, March 19 (2:30 p.m.)**. This Retreat offers a way for men to discern a possible call to priesthood at our seminary. Thank you in advance for your assistance as we work together to build a culture of vocations.

Registration must be done online at

www.vocationstoronto.ca/comesee

ALL ABOUT FAITH

Prayer Before the Crucifix



*Look down upon me, good and gentle Jesus
while before Your face I humbly kneel and,
with burning soul,
pray and beseech You
to fix deep in my heart lively sentiments
of faith, hope, and charity;
true contrition for my sins,
and a firm purpose of amendment.
While I contemplate,
with great love and tender pity,
Your five most precious wounds,
pondering over them within me
and calling to mind the words which David,
Your prophet, said to You, my Jesus:
“They have pierced My hands and My feet,
they have numbered all My bones.”
Amen.*



OFFICE OF VOCATIONS
ARCHDIOCESE OF TORONTO

Online Winter Women’s Discernment Group For women Ages 18-29

From **Tuesday February 28 - March 28, 2023.**

The Office of Vocations is offering a weekly **Online Discernment Group** for **single women aged 18-29.**

They will be journeying with the book "**Pray, Decide, and Don't Worry**" by **Fr. Mike Schmitz.** Books can be purchased through the Office of Vocation for \$10. Meetings will run from 7-9pm

[Register Here](#)

Pray, Give, and Sacrifice



Giving up something for Lent, eating fish on Fridays and fasting from meat, almsgiving and penance throughout the forty days of Lent—these are some of the practices for which Catholics are known. But why do we as Catholics do this? Because through these commitments—known as “Lenten practices” or “Lenten disciplines”—the Catholic Church calls us each year to renew our discipleship in Christ. Specifically, each year during the liturgical season of Lent the Church asks us to pray, give alms, and fast.

[Read More](#)



The Lord is With You

And coming to her, he said, "Hail, favored one! The Lord is with you."

— Luke 1:26-28

3 Minute Retreat

[English](#)

[Español](#)

LIVING YOUR FAITH

Lent



Animated Children's Bible Stories

[Children's Video](#)

40 Podcasts for 40 Days



Ascension Press put together a playlist of podcasts for your Lenten journey and titled it **40 Podcasts for 40 Days**. Lent is a time for renewal. It's a season of prayer, fasting, and almsgiving. This playlist will lead you into the wilderness with Jesus, teach you the true meaning of Lent, and supplement your other practices.

[Find Out More Here](#)

Pope moved by "living sermon" shown by children with rare diseases



During the audience, the Pope started his speech, but ultimately did not finish it, as he was interrupted by a child who approached him. The Pontiff then told him to come closer and gave him a rosary, while extending the invitation to the other children present. He greeted them one by one and asked them all their names. Reaching out for the microphone again, he expressed his delight at seeing the children "reaching out their hand to take the rosary."

[Read More](#)

Should We Be Sad during Lent?



Our Lenten sacrifice should be imbued with the hope of the Resurrection. Are you trying to figure out what to give up for Lent? What are some good things you're holding onto that you don't need? Whatever it is, it will pale in comparison to the hope, self-mastery, and freedom that will come from giving it to Christ this Lent.

[Short Video](#)

"Lent is a season of intense prayer, fasting, and concern for those in need. It offers all Christians an opportunity to prepare for Easter by serious discernment about their lives, with particular attention to the word of God which enlightens the daily journey of all who believe."

- St. John Paul II

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